



# Basic Human Needs as the Focus of Nursing Practice

Introduction course:  
Adult Nursing 2 (KBK 12205)  
Faculty of Nursing, Universitas Indonesia

# Introduction

- Concept essential to nursing →  
NURSING PARADIGM : ***Nursing, Person, Environment, Health***
- ***Nursing***  
***Rogers (1987): the 'imaginative & creative use of knowledge in human service'***  
***Newman, Sime, & Corcoran-Perry (1991): the 'study of caring in the human health experience'***

# Introduction

- **Person**

- the focus of nursing care → a professional nurse need to be '**person expert**' (bio-psycho-socio-spiritual)
- interaction of bio-psycho-socio-spiritual components → **person is unique**
- Caring → persons (as the subject of nursing care) are treated **not as objects** or impersonally; the **opposite of mechanization & depersonalization**

# Introduction

- **Environment**

- both internal & external to the biopsychosociospiritual boundaries
- **the stress of an uncaring social** environment affect health
- as a mileu or cultural setting

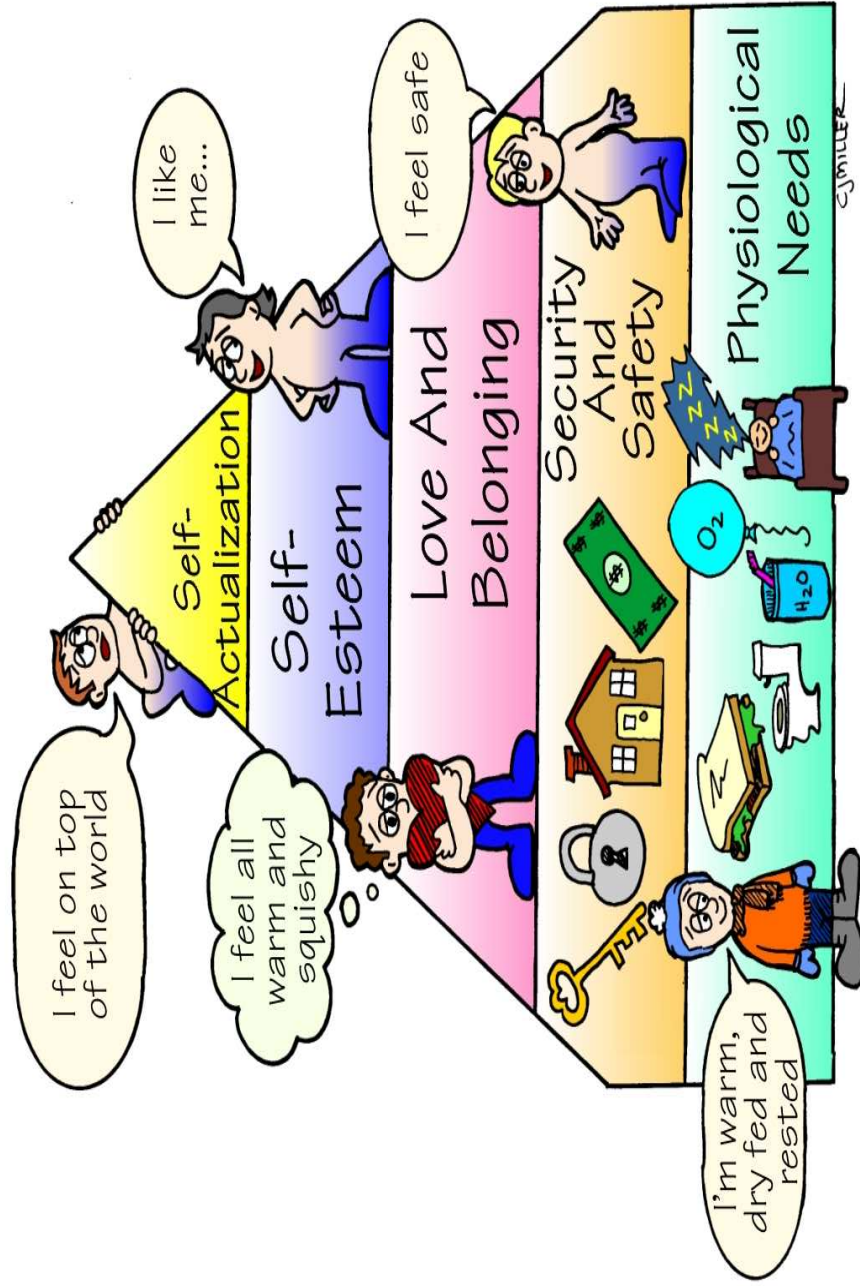
- **Health**
  - paradigm shift: **illness care to health care**
  - nurses promote **optimal functioning biologic & psychosocial growth** through health care

Nursing process is more than the  
problem-solving process

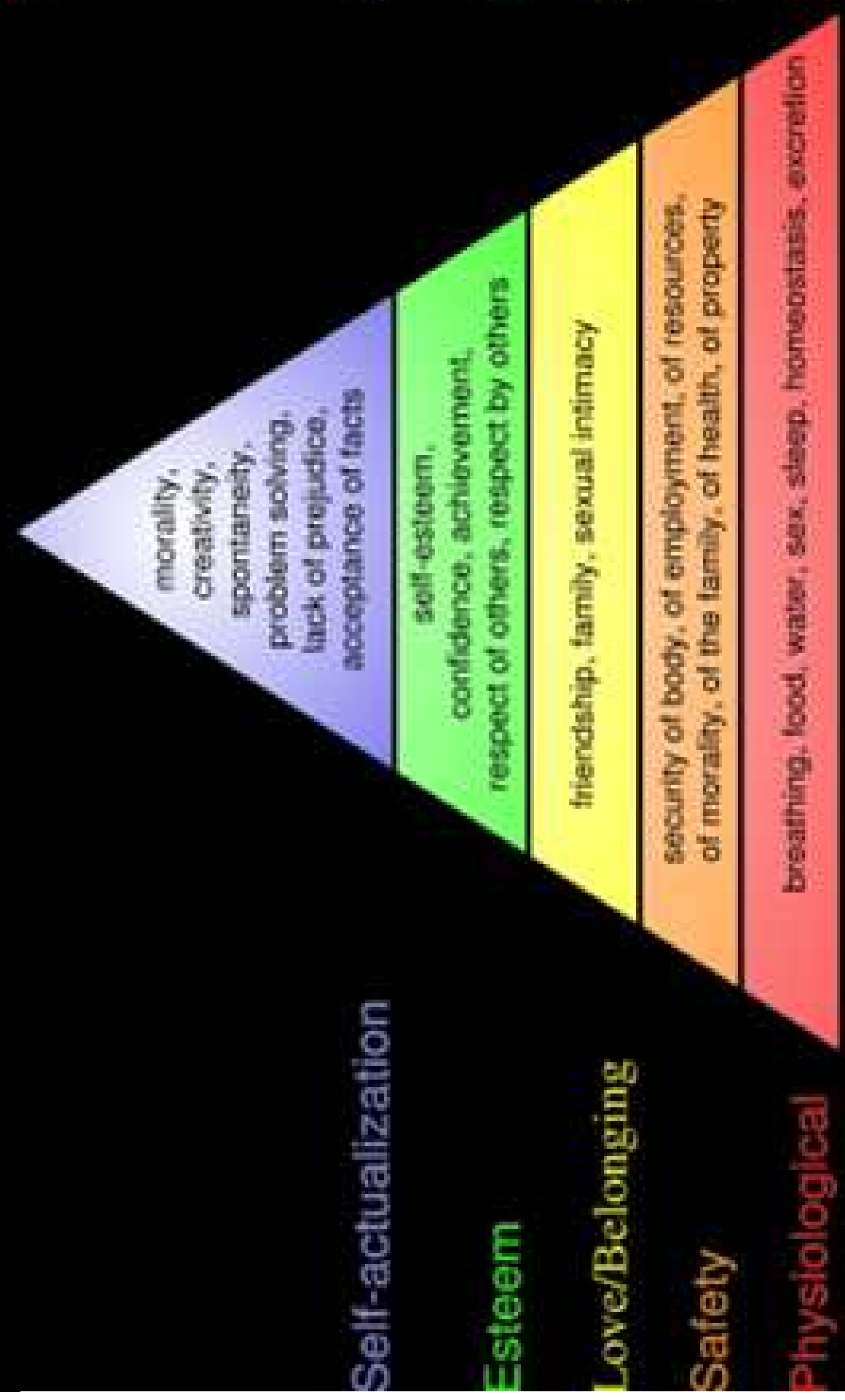


# Basic Human Needs

## Maslow's Hierarchy of Basic Human Needs



# Basic Human Needs





# Content in Course Adult Nursing 2

Safety & Infection control  
Comfort ≈ Pain management  
Activity & Exercise ≈ Mobility & Immobility  
Hygiene & Skin Integrity

# Learning model

Scientific knowledge base  
Nursing knowledge base  
Critical thinking  
Nursing process

# safety & infection control

Scientific knowledge base ?  
Nursing knowledge base ?  
Critical thinking ?  
Nursing process ?

# safety

In a health-making society, all persons would have equal access to the resources needed for health, and individuals would not be exposed to health hazards beyond their personal control such as pollution, harmful biologic agents, intoxication of food & water, trauma, inducement for health-destructive personal behaviors, socioeconomic deprivations, & other health assaulting conditions

Williams, 1991 dalam Linberg, Hunter, & Kruszewski (1998)

Comfort  $\approx$  Pain Management

Scientific knowledge base ?  
Nursing knowledge base ?  
Critical thinking ?  
Nursing process ?

Activity & Exercise ≈  
Mobility & Immobility

Scientific knowledge base ?  
Nursing knowledge base ?  
Critical thinking ?  
Nursing process ?

# Hygiene & skin integrity

Scientific knowledge base ?  
Nursing knowledge base ?  
Critical thinking ?  
Nursing process ?

# Practicum



# safety & Infection Control

Applying Restraints  
Hand hygiene/washing  
Preparation of a sterile field  
Surgical hand hygiene/washing  
Open gloving

Activity & Exercise ≈  
Mobility & Immobility

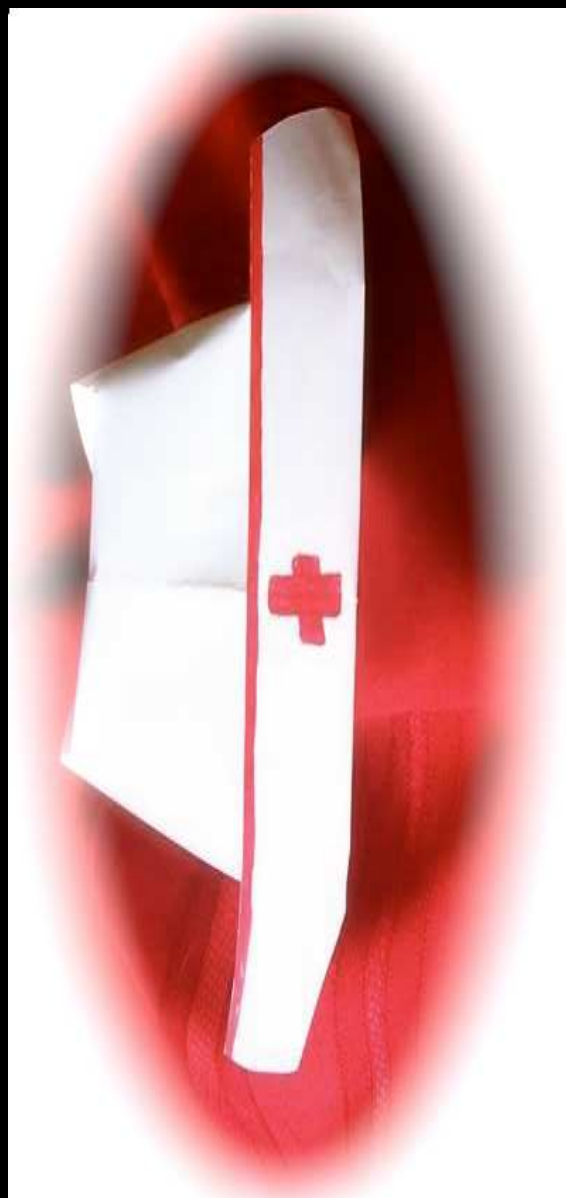
Helping a client to walk  
(with & without assistive devices)  
Moving & positioning clients in bed  
Transfer technique

# Hygiene & skin integrity

Bathing a client  
Performing body hygiene  
Bed-making  
Wound care

# Reference

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& an interesting experience  
in Learning!!!